

ACKNOWLEDGEMENT OF RISKS FORM

In enrolling for participation in the Hong Kong Inline Cup 2008, all participants should have read the Acknowledgement of Risk Statement (Section A) and Disclaimer (Section B) below and sign in agreement of acknowledgement of the risk and the disclaimer prior to participating in any events.

SECTION A: ACKNOWLEDGEMENT OF RISKS STATEMENT

Participation in inline hockey competition involves risk of injury. Common injuries include strained muscles, ligaments and joints, broken bones, contusions, lacerations and concussions. These and other injuries will vary in their severity depending on the circumstances and could result in very serious disabling injuries and even death. Participants should be aware of such risks and commit to make every effort to educate themselves and train in such a way as to limit risk of injury to themselves and others. To acknowledge the risk, all participants need to sign this form before playing in any games. Participants under 18 years of age need to have their parent or guardian sign this form.

Prevention

1. Equipment

It is mandatory that every participant of inline hockey tournament wears a helmet with facemask. Elbow pads, shin pads, gloves and jock or jill protective support. We also strongly recommend wearing protective girdles and shoulder pads. With properly fitted protective equipment one can substantially limit the risk of injury. Participants knowingly choosing to play without the mandatory or recommended equipment do so solely at their own risk. Of particular concern is the wearing of helmets and facemasks. No exception to the rule of a properly fitted, certified helmet will be made. With regard to the facemask, adults signing this form are deemed to be fully aware and duly warned of the possible injuries that they may incur without a facemask. These include lacerations and contusions to any part of the face, loss of teeth or eye, and broken jaws, etc.

2. Training

Another important way to reduce the risk of injury is receiving good instruction and adhering to tried and proven training for inline hockey. This effort includes doing adequate and specific warm up, learning and perfecting the fundamentals of inline hockey, developing the physical attributes to prevent injury, and learning the rules and abiding by them. Reference materials, referees and coaches are available to help with this training but these resources are useless unless the participant commits to learn and develop.

3. Self-control

Regardless of the amount and quality of equipment or the knowledge and skill of an inline hockey player injuries can happen if there is loss of self-control and a participant knowingly disobeys the rules and such action results in injures to themselves to play within the rules and make every effort to exercise self-control and not do anything that may cause injury.

4. Officiating

The undersigned acknowledges that referees and other officials will do their best to administer the rules and otherwise manage the activity so that it is fun and safe. However, the officials are not responsible for injuries or loss to any participants or spectators of inline hockey games of the Hong Kong Inline Cup 2008.

SECTION B: DISCLAIMER

I agree to abide by all rules and regulations as set by the Hong Kong Inline Cup 2008 and its event manager, YMCA of Hong Kong and undertake to behave in such a manner as to contribute to the safety and well being of myself and others. I understand that the YMCA of Hong Kong, Hong Kong Federation of Roller Sports, Hong Kong, China Inline Hockey Association and the Government of the Hong Kong Special Administrative Region of the People's Republic of China assume no responsibility for injuries or illness which I may sustain as result of my physical condition or from my participation in any of their activities, use of their venues, equipments and facilities.

I, hereby release and discharge the YMCA of Hong Kong, Hong Kong Federation of Roller Sports, Hong Kong, China Inline Hockey Association and the Government of the Hong Kong Special Administrative Region of the People's Republic of China and its agents, servants and employees from any and all claims for injury, illness, death, loss or damage which I may suffer as a result of participation in these activities, use of their venues, equipments and facilities. I understand that the YMCA of Hong Kong, Hong Kong Federation of Roller Sports, Hong Kong, China Inline Hockey Association and the Government of the Hong Kong Special Administrative Region of the People's Republic of China are not responsible for personal property lost or stolen while on their premises or any other premise or location of their activities.

I, hereby acknowledge the aforesaid risks and willing to choose to participate at my own risk. I sign in agreement of the above declaimer (or by my parent/ guardian if I am under the age of 18) as follows:

	Name of the Participant	Signature of Participant or Parent/ Guardian (if Participant is under the Age of 18)	Name of Parent/ Guardian (if applicable)	Date
1.				
2.				
3.				
4.				
5.				
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11.				
12.				
13.				
14.				

*I understand that if any participant of my team does not sign in agreement of the above declaimer, he/she should have no right to participate in any events of the Hong Kong Inline Cup 2008 and no team enrollment fee (wholly or partly) will be refunded.

SIGNATURE OF TEAM MANAGER/COACH*: _____ **DATE:** _____

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